

WHOLE SCHOOL MEALS MENU PLAN Starts with Week 1, w/c 2 May 2011

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Tuna & Sweetcorn Pasta Bake or Macaroni cheese Chunk of Bread Home Made Coleslaw & Sweetcorn Fruit Slice & Custard Fruit Pot	Sausage Casserole or Sneaky Pie Creamed Potatoes Green Beans & Swede Goopy Chocolate Pudding Yoghurt / Fruit Pot	Roast Beef & Tidgy Pud or Cauliflower Broccoli Bake Roast Potatoes/Pasta Cabbage & Carrots Marble Sponge & Custard Fruit Pot	Sweet & Sour Chicken or Spanish Omelette Rice Peas & Cauliflower Ice Cream/Fruit Smoothie Fruit Pot	Salmon Nuggets or Cheese & Tomato Pizza Chips or Pasta Sweetcorn & Plum Tomatoes Iced Carrot Cake Yoghurt/Fruit Pot
WEEK 2	Spaghetti Carbonara or Veggie Bolognaise Chunk of Bread Roasted Parsnips & Peas Apple & Rhubarb Sponge & Custard Fruit Pot	Chicken Fajitas or Crunchy Vegetable Crumble Savoury Rice Grated Carrot Salad & Sweetcorn Fruit Jelly Yoghurt/ Fruit Pot	Roast Pork & Apple Sauce or Leek & Potato Pie Roast or Creamed Potatoes Broccoli & Swede Angel Delight Yoghurt/ Fruit Pot	Lasagne & Garlic Bread or Mediterranean Bread Sweet Tomato Pasta Sweetcorn & Carrots Flapjack & Custard Fruit Pot	Fish Fingers or Egg Salad Chips/Pasta Peas & Baked Beans Raspberry Buns & Milk Fruit Pot
WEEK 3	Salmon & Cucumber Wraps or Cheesy Puffs 1/2 Jacket Potato Ratatouille & Carrots Pineapple Shortcake & Custard Fruit Pot	Pork Meatballs or Pasta Provencale Spaghetti Peas & Cauliflower Fruit Smoothie Yoghurt / Fruit Pot	Roast Turkey or Carribbean Rice Roast Potatoes/Rice Cabbage & Sweetcorn Lemon Topped Apple Cake Yoghurt/ Fruit Pot	Maccaroni Cheese or Ploughman's Chunk of Bread Mixed Salad & Beetroot Chocolate Cake & Chocolate sauce Fruit Pot	Burger in a Bun or Veggie Sausages Chips/Pasta Coleslaw & Peas Fruit Jelly Yoghurt / Fruit Pot
WEEK 4	Jacket Potato with Beans & Coleslaw or Pizza Whirl & Jacket Wedges Grated Carrot & Sweetcorn Melon & Kiwi Medley Yoghurt/ Fruit Pot	Spaghetti Bolognaise or Vegetable Byriani Garlic Bread Carrots & Peas Bakewell Tart & Custard Fruit Pot	Roast Chicken Thigh or Stuffed Pepper Roast/Creamed Potatoes Green Beans & Mixed Vegetables Golden Krispie Cake Yoghurt/Fruit Pot	Savoury Mince or Vegetable Stir Fry & Noodles Creamed Potatoes Sweetcorn & Broccoli Apple Tart & Cream Yoghurt / Fruit Pot	Fish in Batter or Mexican Bean Wraps Chips/1/2 Jacket Baked Beans & Peas Cookie & Milk Fruit Pot

Bread, salad and fresh drinking water are available with every meal. Fresh Fruit is available as alternative to main dessert daily.